



CCB Parent Connector



September 2018

www.billericacatholic.org

Hello parents,

So long hot & humid summer! Bring on the cool autumn air...please!

When we think of “back to school” the image of a school bus generally comes to mind. Parents head to the store to buy all of the needed supplies for their child’s classroom. Another year of learning and growing begins! But, what about us? We adults who have already finished “school,” whether it be high school, college, religious education or a certification program. Have we “graduated” from stretching our minds, bodies and souls a bit more each day? It is so important to be intentional about how we live our lives day to day. To be vigilant in exercising our body (a simple walk will suffice!), mind, and yes, our SOUL. It is near impossible to grow closer to Christ without being intentional about it. When was the last time you took a few minutes out of your day to talk to Jesus and let him know what is on your mind, what you are thankful for, what you need from him, and listened for him to speak to your heart? Or when was the last time you read Scripture, particularly the gospels? Scripture is an incredible way to become familiar with the person of Jesus, what he does and says. It makes it clearer to us as to how we should act in our own lives. But if we don’t intentionally seek and make the time to pray, we won’t. It is the same for eating well, exercising and learning a new skill.

I happen to come across a website that you may want to check out: www.motheringspirit.com Laura Kelly Fanucci is a Catholic mother & writer and shares some really beautiful insights on “parenting as spiritual practice.” It may speak to you and provide additional inspiration to your daily routine.

So, this fall, as the kids get back on the school bus, make a plan for yourself as well. What can you do daily to improve your body, mind and soul? You just need to take the first step. Good luck!

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed (Mark 1:35).

REGULAR MASS SCHEDULE TO RESUME SEPTEMBER 8/9TH

There will once again be a 4 PM Mass at St. Andrew, St. Theresa and St. Mary on Saturdays.

Sunday Schedule:

- St. Andrew: 7:30 AM, 10 AM
- St. Theresa: 8 AM, 10:30 AM & 5 PM
- St. Mary: 9 AM, Noon



RELIGIOUS EDUCATION REGISTRATION REMINDER



Classes begin soon, so if you still need to register your children for religious education go to <http://reled.billericacatholic.org/register> or call the Religious Education Office at 978-667-3733 as soon as possible!

Looking for something different this fall? TRY A SMALL GROUP!

Yes, being a parent takes a LOT of time. And a LOT of energy. But, getting back to the idea of exercising your mind, body and soul each day...it is important to take some time for yourself. This fall we will once again be offering small groups that meet weekly for six weeks. It is a wonderful way to enrich your spiritual life, meet a few new folks, and hopefully reconnect with Jesus. The book that groups will be using is "Amazed & Afraid." Each weekly session contains a story from the Gospels describing people changed in remarkable ways because they met Jesus. Imagine! Our lives, and how we see ourselves and our world, can also change if we get to know Jesus more intimately!



There will be information in the bulletins with regards to sign-up, but feel free to respond to this email if you are interested. Also, Katy and Phil Oslin are once again leading a group in their home. They have a little one as well, so it would be fantastic to have a group of young parents, come together to explore this wonderful Faith of ours! Both parents do not need to participate.